

RESPONSIBILITIES OF A CONFIRMATION CANDIDATE



PREPARE

Chapter Focus: To prepare for your Confirmation, you must prayerfully pick a sponsor and patron saint.

Scripture: “Be strong and of good courage, do not fear or be in dread of them; for it is the Lord your God who goes with you; he will not fail you or forsake you” (Deuteronomy 31:6).

Opening Prayer:

Come Holy Spirit and guide my choice of a patron saint and Confirmation sponsor. Help me prudently pick a saint who will intercede for me at the throne of God. May my sponsor be a virtuous example and steady support in my journey to full communion with the Catholic Church. I pray that one day I may rejoice in the presence of God with both my sponsor and patron saint. Amen.





PROCLAIM

Proclamation: Choosing a Confirmation saint and sponsor is an important spiritual decision because these people will support the confirmation candidate through their example and prayers.



EXPLORE

Responsibilities of a Confirmation Candidate

As you prepare for Confirmation, you will have to prayerfully pick a Confirmation sponsor and a Confirmation saint. Your Confirmation sponsor must be a faithful member of the Catholic Church who will be a spiritual guide and support as you enter more fully into the Catholic Church. Ideally, your sponsor is also someone who will continue to have a relationship with you into the future as you progress on your faith journey. Your sponsor should be a person of great faith and virtue who will pray for you throughout your life.

There are several determining factors that must be taken into consideration when picking a Confirmation sponsor:

- The person must be a fully initiated Catholic which means they have received Baptism, First Holy Communion, and Confirmation.
- The person must be sixteen years or older.
- He or she must be in good standing with the Catholic Church, which means that they are actively living their faith and following all of the teachings of the Catholic Church.
- A sponsor cannot be a parent, but one of your godparents can be the sponsor.
- Only one person can be your sponsor.

Remember that picking a Confirmation sponsor is a spiritual decision, which means you should pick a person you are close to and inspires you to live out your Catholic faith more fully.

Your Confirmation saint is a holy man or woman who will intercede for you in heaven and whose name you will take when you are confirmed. You should prayerfully choose a saint whose life and virtues inspire you to greater holiness and not just because you like his or her name. The saints who have gone before us were once just like you, and so long as you remain in God's grace, you too will be a saint one day.





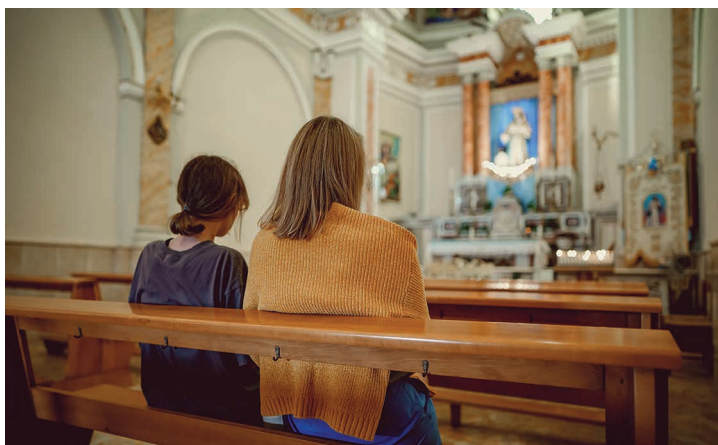
There are several things to consider when choosing a Confirmation saint:

- He or she must be canonized or beatified by the Church, which means that they must either be a saint or a blessed.
- The saint can be from the Old Testament, the New Testament, or those who have lived since the time of Jesus to today.
- The saint does not have to be the same gender as you.

In order to pick a Confirmation saint, you should do some serious research into the history and life of the potential saint. If you are considering multiple saints, then make sure to research each one of these saints and then take the decision to prayer. Ask the Holy Spirit to help you discern which saint is best for you.



APPLY



Live your Faith:

Once you have a Confirmation sponsor, make sure to spend time talking with your sponsor about our Catholic faith and how to live as a Catholic in the world. Share your faith with your sponsor and ask him or her why being Catholic means so much to them. It is good to spend time praying with your sponsor. You can ask them to pray for special intentions for you, too. If possible, try to attend a spiritual retreat with your sponsor. If that is not possible, then make an effort to pray with your sponsor before the Blessed Sacrament.



We Pray: The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body.